

GLUCOSE LOG ***Bring logs to every visit***

Patient Name:				Date of Birth:		Next Appointment Date & Time:	
Current Blood Sugar Medications: please include dosag many times a day you take the medication, if any. Metformin: Humulin/Novolin N: Novolog/Humalog:						Target Blood Sugar Levels Fasting: no higher than 95 hour after eating: no higher than 140 hours after eating: no higher than 120	
		1	1 or 2 Hours AFTER		If	your blood sugar is out of range, please	
Date	Fasting		LUNCH	DINNER		list what you ate/drank for that meal	
		(circle either)	(circle either)	(circle eith	er)		
		1 2	1 2	1 2			
		(circle either)	(circle either)	(circle eith	er)		
		1 2	1 2	1 2			
		(circle either)	(circle either)	(circle eith	er)		
		1 2	1 2	1 2			
		1 2	1 2	1 2			
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		1 2	1 2	1 2			
		(circle either)	(circle either)	(circle eith	er)		
		1 2	1 2	1 2			
If your MAIN office for appointments is (check one):					Please	email your glucose logs WEEKLY to:	
□ North Austin (Renfert Way)					AMFM.Nurse@hcahealthcare.com		
☐ Cedar Park					AMFM.Nurse.CP@hcahealthcare.com		
□ South Austin (James Casey South), □ CTMC San Marcos□ Downtown Austin (IH35)					NAMC.JCaseyefax@hcahealthcare.com		
☐ Harker Heights					DowntownRN@hcahealthcare.com HHNurse@hcahealthcare.com		
☐ College Station, ☐ Fredericksburg, ☐ Georgetown, ☐ G				Gonzales,	AMFMTelemedRN@hcahealthcare.com		
□ LaGrange, □ Marble Falls							
Please check your ☐ Dr. Adusumalli ☐ Dr. Bednar ☐ Dr. DeStefano ☐ Dr. Haeri ☐ Dr. Herrera							
main provider:							